

# HOW TO REFER TO OUR PSYCHOLOGISTS

For Autism Treatment Services

## Service Type

- Post-diagnosis psychological treatment and management

## For

- Patients under 25 years of age
- With a confirmed Autism diagnosis

## Number Of Services

- 10 services per course
- Up to two courses per patient, per lifetime.

## How To Refer

**Referral letter or note to Treat Yourself Well Sydney, signed and dated by you.**

- Referral must state number of services allotted
- No specific form required.

## MBS Items

**If you are a:**

- Psychiatrist  
Complex Neurodevelopmental Disorder\*: 289 or 92434
- Paediatrician  
Complex Neurodevelopmental Disorder\*: 135 or 92140
- Specialist or consultant physician  
Eligible disability\*: 137 or 92141
- GP  
Eligible disability\*: 139 or 92142  
\* Information on telehealth items can be found in Note AN.40.1.

## After Each Course Of Treatment

**You will receive a written report outlining:**

- Treatment provided and recommendations for future disability management; and if applicable, any advice provided to third parties (for example: parents, schools, places of employment).
- Once you have reviewed the report, you can re-refer for a second treatment course via a new referral letter.